

Ho'Oponopono Healing Affirmations

I Thank You

I thank you in advance
I thank you in arrears
I thank you in the present
I thank you forever

I thank you for hearing me
Letting me touch your heart and mind
For being my audience
Through all my ordeals

Thank you for being
Thank you for being you
Sharing Creation with me
With all its glorious things

I thank all that exists
I thank it for receiving me
I thank it for accepting me
And always forgiving me